

CUMMING CLINIC

1034 Haw Creek Circle, Suite 100, Cumming, GA 30041



SURGEON:

MILAN EYE CENTER

LASIK

Day:

Date:

Arrival Time:

Day:	
Date:	
Arrival Time:	

1 DAY follow-up at:

1 WEEK follow-up at:

Day:

Date:

Time:

Doctor:

Day:

Date:

Time:

Doctor:

<u>1 DAY follow-up at:</u>		<u>1 WEEK follow-up at:</u>	
Day:		Day:	
Date:		Date:	
Time:		Time:	
Doctor:		Doctor:	

Important Telephone Numbers

Milan Eye Center (main number)

(678) 381-2020

Call this number for any medical-related issues following your surgery. Clinic Hours are from 8:00 a.m. to 5:00 p.m. Monday through Friday. However, someone can be reached **24 hours** per day, **7 days** per week, for **emergency** phone calls.

Surgical Coordinators Direct Line

(470) 326-0333

Call this number for any scheduling or preoperative concerns.

Billing Department

(470) 326-0337

Payment for surgery is due no later than 3 BUSINESS DAYS PRIOR TO SURGERY. Payments not made will result in a cancellation of your procedure. Payments can be made via telephone by most major **credit cards**, at any clinic location by **cash** or **check**, or by applying for one of our financing options through **Wells Fargo**, **Care Credit**, or **Alphaeon**.

Payment by check is due no later than **10 BUSINESS DAYS PRIOR TO SURGERY.**

IMPORTANT: Please bring your eye drops to the surgery as they will be used immediately after the procedure.



BEFORE Your Surgery:

- **YOU MUST ARRANGE FOR A RIDE TO SURGERY AND BACK HOME WITH A RESPONSIBLE ADULT.**
- **IMPORTANT:** Please bring your eye drops to the surgery as they will be used immediately after the procedure.
- **DO NOT** wear **contact lenses 2 DAYS** prior to surgery.
- The laser mirrors are sensitive to airborne chemicals. **DO NOT** use the following on the day of surgery:
 - ✗ Makeup, including foundation, blush, powder, eyeliner, shadow, or mascara
 - ✗ Powder
 - ✗ Lotions
 - ✗ Scented products (cologne, perfumes, aftershave, etc.)
 - ✗ Hairspray
- Artificial eyelashes must be removed for Lasik/PRK surgery and should not be reapplied for a minimum of **12 WEEKS**.
- If you smoke, **PLEASE DO NOT SMOKE IN YOUR CAR ON SURGERY DAY**. All smoking should be done outdoors.
- There are no diet restrictions, please eat as usual.
- Continue taking all prescribed medications. If you begin taking any new medications prior to your surgery day, please inform us.
- Dress comfortably with layered, warm clothing. The laser room is quite cool and you may require something warmer. **NO WOOL CLOTHING** (due to fibers that float). Cotton sweaters, hoodies, sweatshirts, etc. are allowed.
- To protect your privacy and that of others, **cameras are not permitted**.
- **PLEASE TURN OFF ALL CELL PHONES** when inside the clinic.
- Please do not arrive any earlier than your appointment time.
- Due to the amount of pre-operative testing, discussions with the surgeon, and postoperative testing, you should **expect to be at the clinic for one to two hours**.
- **REMEMBER TO FOLLOW-UP WITH YOUR DOCTOR NEXT DAY AFTER YOUR SURGERY.**



AFTER Your Surgery:

- **START YOUR EYE DROPS ON THE DAY OF PROCEDURE AFTER THE PROCEDURE HAS BEEN COMPLETED.** (Take the "dinner" and "bedtime" drops as directed the day of your LASIK/PRK. Continue the drops according to drop sheet provided at pre-op.)
- **HAVE A DRIVER** to take you to your **ONE DAY** follow-up appointment. Driving can be resumed **AFTER** your one day follow up visit if you have good vision.
- **DO NOT EXPECT** that your vision will be perfect immediately. **BLURRED VISION** should be expected and begins to clear in a few days.
- **SOME MINOR PAIN AND DISCOMFORT IS NORMAL** after the surgery and should improve within a few days. Light sensitivity, scratchy sensation and redness may also be noticed. **If you had PRK surgery** - your doctor has prescribed a pain medication to use for the first few days following your procedure.
- **If you had PRK surgery** - a bandage contact lens is placed in your eye(s) for comfort. It will remain on your eye(s) until the doctor removes it, which is usually on the **5th day**. If it falls out, please **DO NOT** reinsert the lens. A new lens will be provided on your post-operative visit.
- **Please rest for the duration of the day after the LASIK/PRK procedure is completed.** Walking, climbing stairs, cooking, light housework, cardiovascular exercise and **light weight** lifting may be resumed on the **DAY AFTER** your procedure.
- **AVOID** heavy weight lifting - **DO NOT** lift anything over **20 pounds** for **1 WEEK** after LASIK/PRK.
- **AVOID** swimming pools and hot tubs for **4 WEEKS** after LASIK/PRK.
- **AVOID** dusty, dirty, sandy, and windy environments as much as possible for **4 WEEKS**. Keep sweat and debris out of eyes.
- Keep your eyes lubricated for the first few weeks to three months after the surgery.
- Smoking is allowed but should be done outdoors.

- **DO NOT USE** the following around your eye for **1 WEEK** after your procedure: makeup, including mascara; powder; lotions; scented products (cologne, perfumes, aftershave, etc.); hairspray. Also, it's a good idea to discard your old mascara and buy a new supply (to avoid risk of using old mascara that is contaminated with bacteria that could cause an eye infection). That goes for eye shadow and eye liner, too. Avoid waterproof mascaras or the ones with fibers for the first **4 WEEKS**.
- There are no diet restrictions.
- Continue taking all prescribed medications.
- You can bathe and shampoo the day after surgery. **AVOID** direct water and soap contact to eyes for at least **1 WEEK**.
- When outdoors, **WEAR SUNGLASSES** provided in your kit for at least the first week after the surgery.
- **YOU MUST WEAR YOUR EYE SHEILDS WHILE SLEEPING** for **1 WEEK** after surgery.
- **YOU MAY USE YOUR EYES**. Visual tasks such as reading, watching TV, and playing cards will not harm the eyes.
- **DO NOT BUMP OR RUB YOUR EYES.**